



## Winter 2009 / 2010 Pure Pilates Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>600 am</b> Melissa	<b>830am</b> Melissa	<b>6am</b> Melissa	<b>930am</b> Melissa	<b>9am</b> Melissa	<b>830am</b> Patricia	
<b>630pm</b> Patricia	<b>1pm</b> Maria	<b>8am</b> Patricia	<b>5pm</b> Melissa		<b>930am</b> Melissa <b>JUMPBOARD</b>	
<b>730pm</b> Maria	<b>6pm</b> Patricia	<b>9am</b> Melissa			<b>1030am</b> Patricia	
		<b>1pm</b> Maria				
		<b>530pm</b> Maria				
		<b>630pm</b> Melissa				

**PURE**  
pilates  
STUDIO

*Receive your complimentary session and register for classes ahead of time by emailing [pt@commonwealthsportsclub.com](mailto:pt@commonwealthsportsclub.com) or sign up at the front desk. If there is a time you would like to see on the schedule that isn't on there please let us know. Your feed back is very important to us!*

Melissa Dupuis  
[Melissa@purepilatesboston.com](mailto:Melissa@purepilatesboston.com)

Maria Barry  
[maria@purepilatesboston.com](mailto:maria@purepilatesboston.com)

Patricia Mendoza  
[patricia@purepilatesboston.com](mailto:patricia@purepilatesboston.com)

**Your Organization**  
Primary Business Address  
Your Address Line 2  
Your Address Line 3  
Your Address Line 4

PLEASE  
PLACE  
STAMP  
HERE

Mailing Address Line 1  
Mailing Address Line 2  
Mailing Address Line 3  
Mailing Address Line 4  
Mailing Address Line 5

YOUR LOGO HERE